



*****Coming to Vancouver BC*****

Advanced EMDR Education

Featuring:

Dr. Andrew Leeds

Case conceptualization, treatment planning and target sequencing when using EMDR therapy with survivors of complex, early relational neglect and abuse:
A framework integrating AIP, attachment theory and structural dissociation.

Sponsored by: Dr. Barbara Harris

drbarbaraharris@hotmail.com

PH:604-728-4535 Fax: 604-921-6942

WHEN: MARCH 17-18/2018

**WHERE: HOLIDAY INN,
711 WEST BROADWAY, VANCOUVER BC
9:00 AM TO 5:00 PM**

TO REGISTER:

<http://drbarbaraharris.com/training>

**EARLY REGISTRATION TO FEBRUARY 15/2018
FOR CATERING PURPOSES REGISTRATION
CLOSES MARCH 1/2018**

WHATS INCLUDED:

**CONTINENTAL BREAKFAST (8 AM), MORNING AND
AFTERNOON REFRESHMENTS AND LUNCH (NOON)**

**PARKING IS NOT INCLUDED,
BUT A DAY RATE IS AVAILABLE**

ROOMS ARE AVAILABLE AT A CONFERENCE RATE:

QUOTE CODE: EMD

**ROOM BLOCK HELD AT THIS RATE UNTIL
30 DAYS PRIOR TO EVENT**

Andrew Leeds is a California licensed [Psychologist](#) and [Marriage Family Therapist](#) with over 40 years of private practice psychotherapy experience. Dr. Leeds is an [EMDR](#) Approved Consultant and Instructor in EMDR, having received initial training in EMDR in 1991. He maintains a full-time practice in Santa Rosa, California where he specializes in the assessment and treatment of acute and chronic Posttraumatic Stress Disorder (PTSD), panic attacks, anxiety, depression and dissociative disorders, and provides relationship counseling. He also provides consultation for clinicians regarding the application of EMDR.

*****EMDR IA CEU'S AVAILABLE*****

FULL ATTENDANCE IS REQUIRED TO OBTAIN
EMDR IA CREDITS

Learning Objectives

1. Participants will apply EMDR therapy to resolve a range of presenting complaints in cases of symptoms of complex posttraumatic stress disorder including affect dysregulation, re-experiencing, avoidance, compulsive re-enactment, depression, panic and agoraphobia.
2. Participants will incorporate awareness of patient's adult attachment classification and degree of Structural Dissociation across all eight phases of EMDR therapy.
3. Participants will enhance or extend the preparation phase (Phase 2) to develop emotional self-regulation and assertive coping skills with Resource Development and Installation when needed.
4. Participants will assess and resolve avoidance defenses through the use of the Loving Eyes procedures and the CIPOS (Knipe, 2010, 2015).
5. Participants will select optimal sequences of past, present and future targets to effectively resolve patient symptoms with case formulations based on a) the Adaptive Information Processing Model, b) attachment classification, and c) degree of structural dissociation.

Registration info:

<http://drbarbaraharris.com/training>

Advanced EMDR Education

Featuring:

Dr. Andrew Leeds

Vancouver BC Oct 17-18/2018

Holiday Inn

711 West Broadway

1-604-879-0511

For reservations quote: EMD

HOSTED BY:

DR BARBARA HARRIS

Got questions? Contact Barbara at:

drbarbaraharris@hotmail.com

REGISTRATION INFO:

<http://drbarbaraharris.com/training>

fax to: 604-921-6924 or

email to: drbarbaraharris@hotmail.com

Schedule

Abstract

When working with survivors of early, complex relational neglect and trauma, clinicians trained in EMDR therapy need a comprehensive framework for case formulation, treatment planning and developing a targeting sequence. This presentation integrates three conceptual models as a framework for case formulation, organizing treatment plans and predicting responses to EMDR procedures including RDI and standard EMDR reprocessing:

- a) the Adaptive Information Processing Model,
- b) Adult attachment classification, and
- c) Structural Dissociation of the Personality

Clinical case examples illustrate practical clinical strategies for assessing attachment classification as a foundation for case formulation.

This presentation offers an approach to treatment planning that is informed both by symptoms and defenses. This symptom informed treatment planning approach incorporates elements of the parallel models of Korn (Korn, et al., 2004), Leeds (2004) and de Jongh, et al., (2010). Case example treatment plans will be presented in a visual format to illustrate how this model can be applied to simple and complex cases.

Clinicians will learn when and how to enhance or extend the preparation phase (Phase 2) to develop emotional self-regulation and assertive coping skills with Resource Development and Installation.

Clinicians will learn how to assess and resolve avoidance defenses through the use of the Loving Eyes procedures and the Constant Installation of Present Orientation and Safety (CIPOS; Knipe, 2010, 2015).

Target sequencing strategies will be presented for cases with a range of symptoms of complex posttraumatic stress disorder including affect dysregulation, re-experiencing, depression, panic and agoraphobia.

Day 1

8:00 AM – 9:00 AM: REGISTRATION & CONTINENTAL BREAKFAST

9:00 AM – 12:30 PM

- Elements of case formulation
- Issues with reliance on the Bridge technique (float back) as a substitute for a complete history
- Taking and pacing a complete history of the person and symptoms
 - Use of the Psychotherapy Assessment Checklist
- Introduction to symptom informed target sequences
- Differences between Etiological and Contributory experiences (break)
- Attachment theory and simplified clinical assessment of adult attachment classification.
- Impact of different adult attachment classification on EMDR therapy

12:30 – 1:30 Lunch onsite

1:30 PM TO 5:00 PM

- Target sequencing strategies in EMDR therapy
- The symptom informed model (break)
- Sample cases of simple to moderate complexity
- Strategies in cases of moderate to severe complexity

Day 2

8-9 AM CONTINENTAL BREAKFAST

9:00 AM – 12:30 PM

- Targeting sequences for Panic Disorder with Agoraphobia
- A brief overview of the theory structural dissociation
- Rates of dissociative disorders in complex trauma populations
- Recognizing Dissociative Disorders
 - Using the Leewenstein Mental Status Exam, the DES-II taxon, the Cambridge Depersonalization Scale, and the Multidimensional Inventory of Dissociation

12:30 – 1:30 Lunch onsite

1:30 PM -5:00 PM

- The Inverted protocol for Disorders of Extreme Stress NOS (often known as Complex PTSD)
- Developing emotional self-regulation and assertive coping skills with Resource Development and Installation (RDI) (break)
- Developing self-compassion with the Loving Eyes procedure
 - assessing and developing capacities for self-acceptance
 - working through avoidance defenses
- Working through dissociative avoidance phobias with CIPOS - a tool for titrated exposure

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Registration Form (to fax: 604-921-6942 or email: drbarbaraharris@hotmail.com)

Full Name: _____ Email: _____

Mailing address _____ City: _____

State/Province: _____ Country: _____ Zip/Postal Code: _____

Telephone: (_____) _____ Fax: (_____) _____

Degrees _____ Professional license and #: _____

Date of EMDR Basic Training: _____ Location: _____

REGISTRATION ONLY CONFIRMED UPON RECEIPT OF PAYMENT & REGISTRATION FORM AS THERE IS LIMITED SEATING REGISTRATION CLOSED MARCH 1/2018

Registration Fees (Canadian Funds Only) Please check one:

_____ \$425.00 before February 15/2018 _____ \$475 before March 1, 2018

Please indicate method of payment (check one):

___ Money order ___ Bank draft ___ Cheque (payable to Dr. Barbara Harris)

___ Email money transfer (to drbarbaraharris@hotmail.com) from Canadian banks only

If you are in the US, you may send cheque or money order, or you may contact me to receive a payment request that can be paid online. Please send cheques to: Dr. Barbara Harris #200-100 Park Royal, West Vancouver, BC, Canada V7T1A2

PLEASE NOTE: Sponsor may cancel or postpone the workshop due to under-enrollment, presenter illness or inclement weather. Cancellations/Changes and Refunds: Fees for late arrivals, and early departures will not be refunded. Fees will be refunded, less a \$40.00 processing fee, if cancellation or change resulting in a refund is received in writing no later than March 1, 2018. After that date, fees are **non-refundable**. All refunds will be processed within 2 weeks after the workshop.

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